

HIGH SCHOOL



SCIENTIFICO
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MAGAZINE

EUPHORIA

UNBRANDED

FOOD
EDITION

**"After a good dinner,
anyone can be forgiven,
even one's relatives."**

*Oscar Fingal O'Flahertie Wills Wilde,
better known as **Oscar Wilde***

**THE BIG
INTERVIEW
EDOARDO FRANCO**

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brilliantly thought by folks from Pellico & Peano High Schools

THE BIG INTERVIEW



with

EDOARDO FRANCO WINNER OF MASTERCHEF ITALIA 12



EDOARDO FRANCO

Edoardo Franco is 26 years old and comes from Varese. He traveled a lot and lived in Sweden from a very young age, where he first did a cultural exchange and then worked as a waiter. He then moved to Germany, where he worked first as a barman and then as a rider. During all these experiences Edoardo never abandoned his passion for cooking. So, after deciding that cooking had to be his path, he decided to drop everything and return to Italy to participate in the MasterChef talent show.

For this interview we would like to thank Mrs. Paola Pinna, Communication and Talent Manager at Sky Italia.

The interview

Hi Edoardo, first of all thank you for giving us this interview for Euphoria. We were your big fans during MasterChef and you repaid us by winning the twelfth edition! You are great!

We'd like to start by asking you at what age did you start getting passionate about cooking, and what was your very first dish you cooked that you were really proud of!
I was very young when I got interested in cooking, maybe 8 or 9 years old. I was always hungry so I started cooking my own meals when my mother was at work or away from home. Spaghetti with sausage is my first ever recipe that I am extremely proud of. I cooked it for the first time when I was 10 years old!

Were you inspired by any famous chefs when you were little?

Actually, it was my grandmother who taught me to cook. He had great patience with me and could cook wonderfully! I spent unforgettable moments with her at the stove!

The dish you hate the most and the one you would eat every day of your life!

There isn't a dish that I really hate, even if I don't go crazy for sautéed kidneys. Instead I could live on just eating pizza and tacos! I love them madly!

Street food or Michelin Star restaurant?

Street Food! I like genuine, strong, greasy flavours! I love freshly cooked food inside trucks, on the side of the road, with the air filled with mouth-watering and inviting scents. For me, food is a direct and primordial experience, without too many frills.

How do you invent a new recipe? From an intuition, an inspiration or a reasoning?
Most of the recipes I've invented come from someone's story, in which I discover how the flavor of a specific ingredient can excite and amaze if combined with something else.

Imagine opening your own restaurant: what would you call it? And where would you like to open it?
My dream is to open a restaurant by the sea, perhaps in Spain, a chiringuito on the beach with a huge grill on which to cook only fresh fish. What would I call it? It's the first time I've been asked this question... I really have no idea!

What recipe would you cook to impress a girl?
To impress a girl, I invite her to the bar, I wouldn't cook her anything on the first date... too much work!

Let's move on to MasterChef... what was the moment in which you decided to participate to the show?
Absolutely by accident. I hadn't planned it. A dear friend of mine signed up, and so did I for fun. And in the end I won and my life changed! I still don't believe it. It's amazing how life can surprise you.

What scared you the most during the episodes: the other contestants, the judges or yourself? And what was the most difficult moment you experienced at MasterChef?
I was certainly more afraid of myself! The hardest moment was during the final, when I got the cake wrong. I was afraid I screwed it up!

What skills do you need to win MasterChef?
To conquer such a long and demanding talent it takes cunning, survival instinct, sacrifice and a good dose of luck!

What advice would you give to each of us who want to participate in MasterChef?
If you want to sign up for the program, do it without thinking, trust yourself and try until the end without ever giving up. It could change your life.

The interview is over... how do you greet us?
Dajeee!!!



marshmallow



GUESTSTAR

Luca Pione
Literature Teacher

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I HAVE TO GIVE MY ANSWER

Many years ago a professor told me a story.

On the occasion of an important religious celebration, all the rabbis of the city gathered at the synagogue. They read the pages of the Torah, animatedly discussing and commenting on the contents of the sacred book.

In a secluded corner, a rabbi sat alone, tirelessly reading and rereading the same page of the Torah. After looking at him for a long time, a colleague and friend approached him and asked:

"Rabbi, what is troubling you? While we discuss the Scriptures together, you sit here alone, on the sidelines. Let me read this page too: I will try to resolve your doubts".

The man, completely absorbed in reading, didn't even look up and replied:

"Thank you, rabbi, but I too manage to explain it to others: it's to explain it to myself, which I can't do".

Ever since I heard it, this story has been living in my head. It has always been a warning to seek courageously, sometimes stubbornly, what was true, beautiful and meaningful for me, precisely for me. Even at the cost of not finding it, even when it hurts.

After all, each of us is a problem that has been posed to the world, and - as a great master wrote - "I have to give my answer, because otherwise I have to settle for the world's answer". You have to try, and try again: the rest is not our business.

Luca Pione

HEAD2HEAD

Elisa Bertolino
2B - Classico

EUPHORIA
un'emozione

Pietro XXX
2B - Classico

Name?

Elisa Bertolino

Nick?

Eli

Favourite school subject?

English

Your crush?

No crush for the moment!

The bad word you say most often?

Fu*k!

You were more ashamed when...

When I crashed right in the middle of the class, in front of everyone!

Three things you look at in a guy.

Style, personality and smile.

Would you date Pietro?

No.

Ever been in the "friendzone"?

Nope!

If you win 1 Million €... the first three things you'll buy.

A plane ticket for a trip to NYC, a new smartphone and lots of rings!!!

What would you never do even for 1 Million €?

Living for 20 years on a desert island with nothing and no comfort.

Make a wish...

Live a life with many fun experiences!

Lemon tea or peach tea?

Peach.

Name?

Pietro

Nick?

Piè

Favourite school subject?

History

Your crush?

Sadie Sink!!!

The bad word you say most often?

Fu*k!

You were more ashamed when...

When I was forced to sing in front of the whole class! Just terrible!

Three things you look at in a girl.

Personality, face and hair.

Would you date Eli?

Well... don't think so.

Ever been in the "friendzone"?

You can't have been in the friendzone if you don't hit on a girl.

If you win 1 Million €... the first three things you'll buy.

A huge house, tons of action figures and then I'll come up with something else.

What would you never do even for 1 Million €?

Eating a mouse.

Make a wish...

Zero school debts thanks!

Lemon tea or peach tea?

Are you kidding me?
Peach!!!



that.guy

CELEBRITYFOODEATERS

the world records we like!



JOEY CHESTNUT (USA): 74 HOT DOGS IN 10 MINUTES!

Coney Island in New York has been renowned for its hot dogs for almost a century now and many hot dog-loving eating contestants flock there from all over the world, every year. The most notorious of the hot dog competitions come from the annual Nathan's Hot Dog Eating Contest. Joey Chestnut is the absolute king of this crazy challenge and was able to devour a whopping 74 sausages and hot dog buns in the allotted 10 minute time period - that's 1 full hot dog every 8.1 seconds!

OLEG ZHORNITSKIY (UKRAINE): 3,6KG OF MAYO IN 5 MINUTES!

OK, we felt sick before even looking into this contest. Seriously, 3.6kg of mayonnaise? Apparently this isn't what the Ukrainian born Oleg Zhornitskiy felt when he plowed through 4 massive bowls of mayonnaise in only five minutes! The amount Oleg consumed equates to the weight of 80 golf balls! As you can probably imagine, this mayonnaise-eating competition has been tried again by many unsuccessful contestant who, luckily, haven't even come close to breaking his record.

KEVIN MEDINA (PHILIPPINES): A 30CM PIZZA IN 23 SECONDS!

Okay, so firstly, eating a 30 cm pizza isn't that hard. Most of us do this at least once a month, but in 23 seconds? You've got to be joking! That's impressive! Kelvin Medina from the Philippines set his sights on breaking the world record for consuming a 30cm pizza as quickly as he could, and that he did, beating the previous winner by a whopping 15 seconds. Not only did he consume the pizza in a very impressive 23.62 seconds, but he did so using a knife and fork. Yup, you read that correctly, no hands!

TAKERU KOBAYASHI (JAPAN): 57 COW BRAINS IN 15 MINUTES!

in 2022 saw the record-setting challenge of eating 57 cow brains in 15 minutes by a competitive eater in Japan, Takeru Kobayashi. Takeru devoured 57 cow brains, with an overall weight just over 8kgs! Takeru, or the quite apt "The Tsunami" as he's known in the food challenge world, currently holds records for a massive 8 competitive eating challenges internationally. Some of his records include: eating 106 tacos in 10 minutes! It seems Takeru Kobayashi really enjoys his food!



Marshmallow

BIZARREFOOD

Are you serious !?!?!?

EUPHORIA

WHAT DO BUGS TASTE LIKE?

Have you ever wondered what dozens of different edible insects taste like?

Insects taste much like shellfish. You can think of insects like lobsters or crabs but without the salty smell and taste of the sea. Instead, they have a more down-to-earth quality like mushrooms or root vegetables. Because they feed the forest and eat plant material, they may have some bitterness in their taste. Many insects have a nutty flavor.

The taste of insects is greatly influenced by what they eat. Some insects eat delicious fruits and grains, and they taste mildly like fruits and grains. If you let your crickets eat rosemary during their last week, they'll taste like rosemary.

Here is the taste of some insects that we know well!



HORNETS have a musty and slightly grainy taste like flaxseed or wheat. Therefore, these insects have a consistency similar to a fried prawn head eaten whole with a piece of sweet prawn sushi, but perhaps a little less meaty inside.



ANTS taste like sweet flower nectar. However, when toasted, they have a bacon-like flavor. As you bite into their body, their abdomen will explode in your mouth releasing these intricate notes. They contain large amounts of iron, zinc, and potassium.



A BEE LARVA tastes more like bacon or oily honey, but it has also been described as tasting like almonds or peanuts. The structure is slightly crispy on the outside. Tough and starchy inside. In China, people use bees to create bee meals to relieve sore throats.



CICADAS tastes like lobster or asparagus. Cicadas are often cooked in garlic and salt and taste like seafood, popcorn, or bacon. They are popular snacks worldwide and considered a food source in North America!



onedollar



POLICE CALLED TO SALT BAE'S RESTAURANT IN DISPUTE OVER 3.000 EURO GOLDEN STEAK BILL

Turkish butcher and restaurateur Nusret Gokce, better known as Salt Bae, is famous around the world thanks to his restaurant theatrics and extravagant steaks.

But it seems not everyone is impressed by his Nusr-Et restaurants, with one man point-blank refusing to pay for his 24-carat gold steak, resulting in the police being called.

Duane Miranda visited the Florida branch of the restaurant chain, which opened in 2018, for what he knew would be a pricey dinner. But was shocked when he was landed with a 3.000 euro bill at the end of the evening.

According to a lengthy Yelp review left by Miranda, he ordered two regular tomahawk steaks and a rack of lamb, but was presented with and charged for the 24-carat gold-coated version. Rather than question the gold, he assumed that was "normal presentation for the order".

"They insisted that we ordered the 'Golden' option and charged us 1.000 euro for each. We absolutely DID NOT order that option. Although we did eat what they brought to the table thinking this was the normal presentation for our order, it was clear that the waiter was trying to take advantage of the situation," he wrote. "After disputing this misunderstanding with management, they decided to involve local law enforcement, rather than do the right thing."

He claimed the restaurant had contacted law enforcement 11 times over disputed bills in less than two years. Miranda did pay the bill in the end to "avoid further conflict", but said he would warn people to be careful when eating at Nusr-Et in the future.

A spokesperson for the restaurant told the Miami Herald that all the prices were clearly marked on the menu and there were no hidden items.



IRREGULARSTUFF

The chocolate egg scam



Hi!

Here we go again, how's it going?

I don't know about you but I already feel exhausted (I know... I complain a lot too) and the Easter holidays are already over!

So, precisely because I felt more ecstatic than bored, today I don't want to tell you another story of murder (as I wanted to do at the beginning), but I will tell you the story of a huge fraud that...maybe...involve you too.

To start... do you like Easter eggs? And if you did, would you take the opportunity to win a free Ferrero-branded one?

If your answer was "yes" to both questions, then you can easily get involved in Ferrero egg fraud. It consists of just sharing a link on Whatsapp, which everyone can do easily and most of the time they don't even think twice before taking action.

This starts with an invitation to participate in a prize contest, with the promise of a Ferrero egg as a surprise. After you enter, the site will announce your "lucky" win and, at the end, ask you to share the link with all your contacts and then the game will start again and again. The purpose of all this is to steal as much data as possible to use it in other scams using stolen names, surnames, telephone numbers, addresses, etc.

The people behind all this are Russian hackers and for this reason it is very difficult to stop them! Naturally, the Ferrero agency proclaimed that it had nothing to do with the matter and proceeded to warn against opening those pages (probably to prefer their image, even if already tarnished). This situation is a little worrying because it is very widespread, so my advice is, on this holiday, to pay attention without avoiding your cravings (I also admit that if there is something I cannot resist it is chocolate).

Anyway, I hope I've been helpful this time, and not terrifying you as usual!
See you soon with another irregular story.



Claire.tos

METAMEMES

About Healthy Food

EUPHORIA
unaware



me: mom can we stop at McDonald's?
mom: no we have food at home
food at home:



HOW'S YOUR DIET GOING?

ME:



What I see:



What my pancakes see:



Created by 14 January 2017 10:11:11 PM

Local Man Paralysed After Eating
413 Chicken Nuggets



When your cheat weekend gets out of
control



swissguy25 • 3h
So the Limit is 412

M8

UNCONVENTIONAL POETRY

Arpalice Cuman Pertile



Arpalice Cuman Pertile is a poet born in Marostica on May 12, 1876. At the age of thirteen she won a scholarship to take a master's degree in Verona. In Florence she continued her studies becoming the first female graduate in her country. Soon, with great talent, she entered the cultural environment of her city and became a famous children's writer whose books were also used in schools. But with the arrival of the war, being an anti-fascist, she was sent into exile and no longer had the opportunity to teach and her volumes were withdrawn from schools. The poet always remained faithful to the ideals of freedom, justice, peace and human brotherhood and preferred to continue teaching privately until she died in her hometown. She died in Marostica, in his house at no. 33 in Corso Giuseppe Mazzini, on 30 March 1958. Outside, a commemorative plaque commemorates her.

In this poem of her, Easter is celebrated with a warm invitation and praise to life, to the rebirth of nature, to the beauty of the world and of noble sentiments. So, I can't wait to wish you a good read!

"Get out, get out!" says happy the Sun,
You want to keep home and mold?
In the fresh grass the violets are fragrant.
The lovely branches start to lush again.
Come out come out! the birds sing,
every nest, every clump reawakes.
the earth, the sky, the sea are so beautiful,
and fields and hills are dressed for a party".
Delighted heart sings joyful hymns,
and the word of grudge keeps unspoken;
Easter is back, celebration of love,
that want us all kind and in peace.



Asia

EUPHORIA
UNBROKEN
SUSTAINABLELIVING

30%
OF OUR FOOD GOES TO
WASTE



One third of the food produced in the world
for human consumption every year gets lost or wasted.
Simple changes to our habits can bring an
end to the high levels of global food waste.

EAT RESPONSIBLY

THINK-EAT-SAVE